What happens after the endoscopy?
After the procedure you will stay in the Endoscopy Suite for about an hour until the medicine wears off. You may feel bloated or you may “burp” because of the air that gets into your stomach through the tube.

You will be able to eat after you leave unless your doctor tells you otherwise. You may have a sore throat for a day or two.

Contact Acute Care at 203-432-0123 immediately if you have a fever, trouble swallowing, throat, chest or abdominal pain.

Go directly to the 4th floor and take a right off the elevator, Endoscopy is on the right.

Yale Health Center, Endoscopy
55 Lock Street, 4th Floor
New Haven, CT 06511
Phone: 203-432-7324

My Appointment:
Date:________________________
Time:________________________
An **Upper GI Endoscopy** is a test that uses a long, flexible tube with a small camera and light at the end to look closely at the digestive tract. The camera on the tip of the tube takes high quality pictures of the tissues in the digestive system and shows them on a monitor. This test is used to diagnose and treat problems in the digestive system. It allows your doctor to see the esophagus (the tube that connects the throat to the stomach), the stomach and the beginning of the small intestine. If necessary, your doctor will be able to use a small forceps to take tissue samples for testing.

**What will happen on the day of the test?**

When you arrive the nurse will help you change into a hospital gown and will put an IV (intravenous line) into your arm. We will ask you to sign a permission form for this test. Then, you will be taken to the room where we will do the endoscopy. The doctor will numb your throat with a spray and we will give you medication through your IV to make you sleepy. The tube (endoscope) passes easily into your stomach and does not make it difficult to breathe. The room will be dark during the procedure but a nurse will be close by if you need help.

**Before your appointment you will receive a pre-procedure call from a nurse.**

**Special Instructions**

If you have *any* of the following conditions please contact your primary care clinician at least 5 to 7 days prior to your procedure as you may have to adjust your medications. Please also tell the nurse of any medical conditions during your pre-procedure phone call.

- Kidney disease
- Diabetes
- Congenital heart disease
- Mitral valve replacement
- Prosthesis (i.e., knee replacement) within the past year
- Currently taking: coumadin or other blood thinners
- On dialysis
- Normally take antibiotics before dental work

**Cancellations**

A late cancellation/no show fee will apply if appropriate notice is not provided.

See your schedule of benefits for more detail.

You cannot cancel or request appointments using MyChart.

**Are there any risks?**

Complications are rare. But when they do occur, they may include:

- Bleeding
- Infection or allergic reactions to the medicine
- Making a hole in the intestine

If complications do occur, you may need to receive treatment or surgery. Please tell your doctor if you have pain, bleeding, black stools, fever, difficulty breathing or swallowing after the test.

**Preparing for Your Procedure**

**Transportation**

You MUST make arrangements for someone to pick you up at the Endoscopy Suite after your procedure. The medication given during the procedure may cause drowsiness, making it unsafe for you to drive home or take public transportation alone. If you are unable to make these arrangements, your procedure will need to be rescheduled.

**One Week Prior to Your Procedure**

Do not take any aspirin or aspirin containing products, Vitamin E, herbal supplements or alcohol.

**The Night Before**

Please do not eat or drink anything after 12:00 midnight on the night before the procedure.

**The Day of the Procedure**

Do not eat or drink anything.