LEARNING OUTCOMES

First Year Seminar students who engage in a Candid Career activity will be able to:

- Find videos related to prospective career fields
- Understand what is required for gaining entry into those fields
- Describe possible major paths to those fields

ACTIVITY IN CLASS

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<th>Total Time</th>
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<td>15min</td>
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PREPARATION

- Weblink: UC.IUPUI.EDU/EXPLORE (computer lab optional)
- Candid Career Tip Sheet #4

PRINCIPALS OF UNDERGRADUATE LEARNING

- Understanding society and culture: compare and contrast the range of diversity and universality in human history, societies, and ways of life

DEBRIEF WITH CLASS

Q Do you know everything there is to know about the field you want to enter? Are you unsure what field is the best fit for you?
   a Yikes I hope not! Help students realize this is a very low-commitment (you don’t even have to login!) and highly beneficial tool to help figure out questions to ask, research topics and get questions answered. It will also prepare them for more involved networking in future years.

Q How can watching Candid Career videos, or better yet, eventually talking to actual professionals in your prospective field, help you figure out what is a good fit for you?
   a Discuss some benefits, ways to use Candid Career, and prepare them for reflection.

REFLECTION

1. How does the information I learned inform me about my values, interests, personality and skills?
2. What patterns did I notice about the videos that interested me?
3. How did videos I watched differ from one another?
4. What information do I still need to seek?
Videos are all comprised of several uniform sections. Students can watch an entire video, or just watch a section and compare sections across several videos.

Just like making sound decisions for other facets of one’s life, students need to collect a lot of information and cross-reference it. Students should be watching multiple videos and using this information to seek out additional research with professionals, advisors in academic departments, and through sites like O*net or OOH created by the Bureau of Labor Statistics.

Students should be able to find patterns or repeated information from what professionals share within videos.

This information should help guide them to ask more questions about whether or not a particular career or field is a good fit for them. Would they enjoy the demands day to day? Could they become competitive during their time in college to succeed? Would they want to continue to learn and grow in this field for many more years and adapt as the world of work changes around them?