TEAM BC

PLAY CALL 5-Man Flex

* Run it tight for lay-ups and elbow jumpers
* Bigs down screen for guards
  - 1 enters to either wing and screens away
  - 3 clears screen and gives to elbow ball side

* 1 down screens for 4 and continues to corner
* 4 gives to elbow (must catch shot ready and be strong with the ball)
* As 4 catches pass, 2 fires off 5 for flex cut

* 3 sets down screen for 5 and continues to corner
* 5 gives to elbow (shot ready)
* 1 makes flex cut after 5 catches @ elbow

* 5 passes to 2 (pass may be bounced)

Points of emphasis
+ must show patience on down screens
+ must have ball swiss on elbow
+ screener may duck in hard after screen
+ flex cutter (baseline) must wait until ball is at elbow to make their cut
+ from elbow, player can drive, but middle is really congested and would be best to drive toward block.
Flex Counters

curl 2 or big 2 you don't want @ elbow

Flare Screen

Push (cutter pushes & replaced, keeps guard off block)

Stagger (per shooter)