COMMENCEMENT SPEAKER

Marina Tolou-Shams, PhD
Professor and Deputy Vice Chair for Research
Director, Division of Infant, Child and Adolescent Psychiatry at ZSFG

Dr. Tolou-Shams is a professor and deputy vice chair for research in the UCSF Department of Psychiatry, as well as the director of the Division of Infant, Child and Adolescent Psychiatry at Zuckerberg San Francisco General Hospital and Trauma Center. She also leads the UCSF Juvenile Justice Behavioral Health lab, a research team focused on developing and testing evidence-based mental health, substance use, and HIV risk reduction interventions for community-supervised, justice-involved youth and foster care youth (www.jjjb.org).

Dr. Tolou-Shams received her PhD in clinical psychology in 2004 from the University of Illinois at Chicago and completed her postdoctoral clinical and research training through the Brown University Psychology Training Consortium. She is trained as a pediatric and forensic psychologist and has many years of clinical experience in assessing and treating underserved adolescents and their families. Over the past decade, her roles have included serving as the director of the Rhode Island Family Court Juvenile Mental Health Clinic, director of the Substance Abuse Treatment Service at the Rhode Island Training School, and assistant director of the Rhode Island Hospital Forensic Psychiatry Evaluation Service. She is currently the principal or co-investigator of several National Institute of Health-funded trials aimed toward improving behavioral health outcomes and reducing health disparities for justice-involved youth, including a specific emphasis on trauma-informed, gender-responsive interventions for girls.

Dr. Tolou-Shams and her colleagues are developing and testing digital health interventions that leverage the use of technology—such as SMS texting, apps, family-based telehealth, and social media—to improve access to and engagement in substance use and mental health treatment for system-involved youth and families. She is also the recipient of a National Institute on Drug Abuse mid-career development award that supports her passion for mentoring trainees and faculty, particularly to conduct their own research in the areas of adolescent substance use, mental health, and juvenile justice.

INTRODUCTION

Matthew W. State, MD, PhD
Oberndorf Family Distinguished Professor and Chair
Executive Director, UCSF Child, Teen and Family Center
President, Langley Porter Psychiatric Hospital and Clinics
Director, Langley Porter Psychiatric Institute

MASTER OF CEREMONIES

Descartes Li, MD
Professor of Clinical Psychiatry and Vice Chair for Education
2019-2020 UCSF Department of Psychiatry
Chief Residents and Fellows

Each year, the Adult Psychiatry Residency Training Program and Child and Adolescent Psychiatry Fellow Program select a number of senior trainees who have demonstrated exceptional clinical and academic leadership skills to serve as chief residents and fellows. These chiefs support the key missions of their respective programs while functioning as mentors and advocates for their trainee colleagues.

ADULT PSYCHIATRY RESIDENCY TRAINING PROGRAM

Michelle DeChant Barton, MD, MPH
Chief Resident for Clinical Programs

Pedro A. Duran, Jr., MD
Chief Resident for Zuckerberg San Francisco General Hospital and Trauma Center

Andrew Halls, MD
Chief Resident for LPPHC Intensive Services

Jessica R. Holliday, MD, MPH
Chief Resident for LPPHC Ambulatory Services

Alison Rea-Young Hwong, MD, PhD
Chief Resident for Research

Peter Kass, MD, MEd
Chief Resident for Education

Nicole Tarui, MD, MPH
Chief Resident for the San Francisco VA Medical Center

CHILD AND ADOLESCENT PSYCHIATRY FELLOWSHIP PROGRAM

Jacqueline Penn, DO
Chief Fellow

Ryan Rampersaud, MD, PhD
Chief Fellow
U.S.F. Department of Psychiatry
Trainee Research Awards

The UCSF Psychiatry Trainee Research Award Committee annually selects trainees conducting notable and advanced research through a competitive application process. Those selected are given the opportunity to present their scholarship and research during department Grand Rounds events, receive additional mentorship and guidance from faculty researchers, discuss their work with departmental leadership, and are recognized at a special luncheon.

2020 TRAINEE RESEARCH AWARD RECIPIENTS

Samantha Abram, PhD
Mentor: Susanna Fryer, PhD
"Reward Processing Electrophysiology in Schizophrenia: Effects of Age and Illness Phase"

Kirsten Bobrow, MBChB, DPhil
Mentor: Kristine Yaffe, MD
"Established and Emerging Modifiable Risk Factors for Dementia in Low- and Middle-Income Countries: South Africa and an Example"

Ali Mohebi, PhD
Mentor: Joshua Berke, PhD
"Dissociable Dopamine Dynamics for Learning and Motivation"

Helen Willsey, PhD
Mentor: Matthew W. State, MD, PhD
"Understanding Autism Pathobiology Using Frogs"

PREVIOUS HONOREES

2014
Stephen Allison, MD
James Henry, MD
Tobias Marton, MD, PhD
Keely Muscatell, PhD
Dhakshin Ramanathan, MD, PhD
Lisa Talbot, PhD

2015
Bibhav Acharya, MD
Melissa Hagan, PhD, MPH
Allison Kaup, PhD
Christopher Stauffer, MD

2016
Aaron Besterman, MD
Claire Hebenstreit, PhD
Angela Narayan, PhD
Scott Wilke, MD, PhD

2017
Kaitlin Casaletto, PhD
Michael Jacob, MD, PhD
Jin Kim, PhD
Erika Yeh, PhD

2018
Matthew Hirschtritt, MD, MPH
Jacob Izenberg, MD
Yue Leng, MD, PhD
Donna Werling, PhD

2019
Brian Anderson, MD, MSc
Christopher M. Bartley, MD, PhD
Kristen Berendzen, MD, PhD
Lauren Whitehurst, PhD
Adult Psychiatry Residency Training Program

Director: Erick Hung, MD

This four-year training program's vision is, "Leaders in Psychiatry: Training Pioneers in Clinical Care, Research, Education, and Public Policy.” It admits 16 residents per class, with rotations across multiple sites, including Langley Porter Psychiatric Hospital and Clinics, Zuckerberg San Francisco General Hospital and Trauma Center, the San Francisco VA Health Care System, and the UCSF Health system. The program prepares residents to successful careers as leaders in clinical practice, community service, education, and research.

Michelle DeChant Barton, MD, MPH

**Education:** BA American Studies, Stanford Univ. (2007); MD Oregon Health and Science Univ. (2016). **Honors:** UCSF PGY-3 Medical Student Teaching Award (2019); Chief Resident for Clinical Programs (2019-2020). **Poster presentation:** "Association of Mental Health Diagnoses With Chronic Non-Communicable Diseases Among Refugee, Non-Refugee Immigrant, and U.S.-Born Patients at Zuckerberg San Francisco General," North American Refugee Health Conference (2020). **Future plans:** TBD.

Tamara Bendahan, MD

**Education:** BS Psychobiology, UCLA (2009); MD, The Ohio State Univ. (2016); Psychiatry Residency PGY-1—PGY-3, Columbia Univ. (2019); Psychoanalytic Fellowship Program, Columbia Univ. (2019). **Capstone project:** "Bring It Up: Outcomes From an Adapted Collaborative Care Model for Depression in a Safety-Net, Primary Care Clinic," UCSF Public Psychiatry Fellowship Program (2020). **Future plans:** Psychiatric consultant and volunteer faculty at UCSF, psychiatrist at Pacific Coast Psychiatric Associates; and continuing education, San Francisco Center for Psychoanalysis Psychodynamic Psychotherapy Program.

Luke W. Carson, MD, MPH

**Education:** BA Studio Art, Middlebury College (2005); MD and MPH, Univ. of Washington (2016). **Presentation:** "American Psychiatric Association Medical Student Elective in HIV Psychiatry: Recruitment, Mentorship, and Clinical Experience," 172nd Annual Meeting of the American Psychiatric Association (2019) and UCSF RTP Senior Talk (2020). **Future plans:** Staff psychiatrist, San Francisco County Jail.
Pedro A. Duran, Jr., MD

**Education:** BA Biology, Columbia Univ. (2010); MD, Weill Cornell Medical College (2016). **Honors:** UCSF Julius R. Krevans Award for Clinical Excellence (2017); Chief Resident for Zuckerberg San Francisco General Hospital and Trauma Center (2019-2020). **Presentation:** "How a Case Report Ages Over Time and Setting: Zolpidem as an Alternative to Benzodiazepines for Catatonia in a Patient with Obstructive Sleep Apnea," UCSF RTP Senior Talk (2020). **Future plans:** Attending psychiatrist, Bay Psychiatric Associates (Berkeley, CA).

Jordan W. Eipper, MD

**Education:** BA, Colgate Univ. (2010); MD, SUNY Downstate College of Medicine (2016). **Presentation:** "Do Psychedelics Work? A Brief Epistemological Exploration," UCSF RTP Senior Talk (2020). **Future plans:** Attending psychiatrist, Zuckerberg San Francisco General Hospital and Trauma Center Psychiatric Emergency Services.

Elizabeth Elmschig, MD, MPH

**Education:** BS Cognitive Science, UC San Diego (2011); MD, UC San Diego (2016); MPH, Harvard Univ. (2016); Psychotherapy Training Program, San Francisco Center for Psychoanalysis (2020). **Honors:** UCSF PGY-2 Medical Student Teaching Award (2018). **Future plans:** Psychiatrist, Bay Psychiatric Associates (San Rafael, CA).

Andrew Halls, MD

**Education:** BA Neuroscience, Johns Hopkins Univ. (2012); MD, Johns Hopkins Univ. (2016). **Honors:** UCSF PGY-1 Medical Student Teaching Award (2017); President, UCSF Psychiatry Residents Association (2018-2019); Chief Resident for LPPHC Intensive Services (2019-2020); UCSF LGBT Mental Health Area of Distinction (2020); UCSF Health Professions Education Pathway to Discovery (2020); UCSF Excellence and Innovation Award in Graduate Medical Education (2020). **Presentation:** "An Analysis of Laws Banning Conversion Therapy for Minors and the Role of Forensic Psychiatrists in Influencing Policy Makers," American Academy of Psychiatry and the Law Annual Meeting (2018). **Future plans:** Consultation-liaison psychiatry fellow, UCSF.
Jessica R. Holliday, MD, MPH

**Education:** BS Neurobiology and BS Psychology, Univ. of Wisconsin-Madison (2010); MD and MPH, Univ. of Miami Miller School of Medicine (2016). **Honors:** Chief Resident for LPPHC Ambulatory Services (2019-2020). **Presentation:** "Holistic Approaches to Treating PTSD," 172nd Annual Meeting of the American Psychiatric Association (2019). **Future plans:** Forensic psychiatry fellow, UCSF.

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Alison Rea-Ying Hwong, MD, PhD

**Education:** ScB Neuroscience, Brown Univ. (2005); MD and PhD Health Policy, Harvard Univ. (2016). **Honors:** Chief Resident for Research (2019-2020); American Psychiatric Association Psychiatric Research Fellowship (2019-2021); Resident-Fellow Member, American Psychiatric Association Council on Research (2019-2021). **Future plans:** National Clinician Scholars Program fellow, UCSF.

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Peter Kass, MD, MEd

**Education:** BA Neuroscience, Pomona College (2009); MD, UC San Diego (2016). **Honors:** Chief Resident for Education (2019-2020). **Accomplishment:** Created financial literacy curriculum for the UCSF Adult Psychiatry Residency Training Program. **Future plans:** Child and adolescent psychiatry fellow, UC San Diego.

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A. Moses Lee, MD, PhD

**Education:** BA Neurobiology, Mathematics, and Integrated Science, Northwestern Univ. (2007); PhD Neuroscience, UCSF (2013); MD, UCSF (2016). **Honors:** UCSF Outstanding Resident Award (2018); UCSF Clinical Neurosciences Area of Distinction (2020); UCSF Interventional Psychiatry Area of Distinction (2020). **Presentation:** "Mapping Neural Circuits for Anxiety Using Intracranial Recording," 172nd Annual Meeting of the American Psychiatric Association (2019). **Future plans:** Postdoctoral research fellow, UCSF.
Nicole Tarui, MD, MPH

**Education:** BS Biology, UC Riverside (2010); MPH, UC Davis (2012); MD, UCLA (2016). **Honors:** UCSF Resident Teaching Award (2017); Chief Resident for the San Francisco VA Medical Center (2019-2020). **Poster presentation:** "Utilization of Telemental Health to Increase Access to Group Therapy for Female Veterans," 173rd Annual Meeting of the American Psychiatric Association (2020). **Future plans:** Associate Medical Director for Infant-Parent Mental Health, El Camino Hospital (Mountain View, CA).

Alexander Trope, MD, MS


Eleanor R. Woodward, MD

**Education:** BA History, Yale Univ. (2009); Post-Baccalaureate, Bryn Mawr College (2011); MD, Weill Cornell Medical College (2016). **Honors:** American Psychosomatic Society MD Travel Award (2019); American Psychosomatic Society Citation Poster (2019). **Poster presentation:** "Childhood Trauma and Immune Cell Response to a Typhoid Vaccination," Society of Biology Psychiatry Annual Meeting (2019). **Future plans:** Psychiatrist, Bay Psychiatric Associates.

William H. Zhu, MD, MS

**Education:** BA Biochemistry and MS Chemistry, Univ. of Pennsylvania (2012); MD, Univ. of Pennsylvania (2016). **Honors:** UCSF PGY-3 Medical Student Teaching Award (2019). **Publication:** Book chapter author, "Mild Neurocognitive Disorder" in *Psychiatry Morning Report: Beyond the Pearls, 1st Edition* (2020). **Future plans:** Psychiatrist, Kaiser Permanente (Folsom, CA).
Addiction Psychiatry Fellowship Program

Director: Michael Hoefer, MD
Associate Director: Tauheed Zaman, MD

This ACGME-accredited program provides training in the assessment and treatment of substance use disorders in the addiction treatment programs at the San Francisco VA Medical Center and Kaiser Permanente Medical Center.

Martha J. Ignaszewski, MD, FRCPC


Jennifer A. Papac, MD

Education: BS Molecular and Cellular Biology, Johns Hopkins Univ. (2010); MD, UC Davis (2015); Adult Psychiatry Residency, Stanford Univ. (2019). Honors: National Institutes of Health Intramural Research Training Award (2010); Women in Medicine Award (2013); California Society of Addiction Medicine Medical Education Research Fund Scholar (2018); Chief Resident (2019); Addiction Psychiatry Regional Travel Award (2019); Alpha Omega Alpha Medical Honor Society. Committees: California Psychiatric Association Substance Use & Disorders Committee (2016-2019). Future plans: Addiction psychiatrist and clinical assistant professor, Univ. of Texas Health Science Center (San Antonio, TX).

Christopher Alan Rienas, MD

Child and Adolescent Psychiatry Fellowship Program

Director: Caitlin Costello, MD
Associate Directors: Chuan-Mei Lee, MD, MA; Ashley Maliken, PhD; and Devanand Manoli, MD, PhD

The aim of this program is to train innovative physicians from diverse backgrounds in a solid foundation of child and adolescent psychiatry—including neurobiology, development, family/social/school systems, research principles, psychopharmacology, and psychotherapeutics—over two years following completion of an adult psychiatry residency.

Through their passionate commitment to the field of child and adolescent psychiatry, these physician leaders will help shape the future of behavioral health care delivery through their clinical, educational, advocacy, and research efforts.

Sepehr "Shep" Aziz, DO


Siya Mehtani, DO

Jacqueline Penn, DO

**Education:** BA Psychology and Pre-Medicine, George Washington Univ. (2010); DO, Touro College of Osteopathic Medicine (2015); Adult Psychiatry Residency, Maimonides Medical Center, 2018.

**Honors:** American Association of Colleges of Osteopathic Medicine Silvery TOUCH Award for Community Service (2015); Chief Fellow (2019-2020); Adjunct Clinical Professor, Touro College of Osteopathic Medicine, California (2019). **Presentation:** "Dealing With 'Difficult' Families," UCSF Child and Adolescent Psychiatry Grand Rounds (2019). **Future plans:** Assistant Director of Psychiatry, New York City Administration for Children's Services, New York Univ.

Haining Yu, MD, MPH

**Education:** BS Biomedical Engineering, Georgia Institute of Technology (2007); MPH Epidemiology, Columbia Univ. (2011); MD, Harvard Univ. (2015); Adult Psychiatry Residency, UCSF (2018).

**Presentation:** "Intersectionality 2.0: How the Film *Moonlight* Can Teach Us About Inclusion and Therapeutic Alliance in Minority LGBTQ Populations," 172nd Annual Meeting of the American Psychiatric Association (2019). **Future plans:** Child psychiatrist, Kaiser Permanente (San Francisco, CA).
Child and Adolescent Services
Multicultural Clinical Training Program
Director: Barbara K. Stuart, PhD

This program, based at Zuckerberg San Francisco General Hospital and Trauma Center, provides specialized training in empirically supported, trauma-informed, and culturally responsive mental health assessment, treatment, advocacy, and research for youth ages 0–24 and their families in local underserved communities.

Anaid A. Atasuntseva, PhD


Randi Cheatham-Johnson, PhD


E'leyna Garcia, PhD

Leah Lurye, PsyD


Madeleine Miller-Bottome, PhD


Lindsey Wallace Goldman, PhD

Clinical Psychology Training Program
Director: Dale E. McNiel, PhD

Founded in 1943, this program trains scientist-practitioners committed to careers involving clinical research. The training programs at the Langley Porter Psychiatric Institute and Zuckerberg San Francisco General merged in 1982 to become a two-year program offering a doctoral internship and postdoctoral fellowship.

DOCTORAL INTERNS

Casey Leigh Brown, PhD


Evan D. Holloway, PhD


Kathryn M. Huryk, PhD

Alicia Nijdam-Jones, PhD


Anushka Rajesh Patel, PhD

**Education:** BA Psychology, Carleton College (2012); PhD Clinical Psychology, Univ. of Tulsa (2020). **Publication:** First author, "Psychological Treatments for Depression Among Women Experiencing Intimate Partner Violence: Findings From a Randomized Controlled Trial for Behavioral Activation in Goa, India," *Archives of Women's Mental Health* (2019). **Future plans:** Postdoctoral fellow, UCSF Trauma Recovery Center.

**POSTDOCTORAL FELLOWS**

Alexandra Clemans Apple, PhD


Margareth V. Del Cid, PhD

Caravella McCustian, PhD

**Education:** BA Psychology, Univ. of Cincinnati (2012); MA Clinical Psychology, Univ. of Cincinnati (2016); PhD Clinical Psychology, Univ. of Cincinnati (2019); Clinical Psychology Doctoral Internship, UCSF (2019). **Honors:** Zuckerberg San Francisco General Clinical Research Startup Award (2019). **Publication:** First author, "Sexual Risk Among African Americans in Substance Use Treatment: Secondary Analysis of Two Clinical Trials," *Sexuality & Culture* (2020). **Future plans:** Postdoctoral trainee in substance use disorders treatment and research, UCSF.

Julia E. Morgan, PhD

**Education:** BA Psychology, Emory Univ. (2010); PhD Clinical Psychology, UCLA (2019); Clinical Psychology Doctoral Internship, UCSF (2019). **Publication:** First author, "Prenatal Maternal C-Reactive Protein Prospectively Predicts Child Executive Functioning at Ages 4–6 Years," *Developmental Psychobiology* (2020). **Future plans:** Postdoctoral fellow, UCSF Center for Autism Spectrum Disorder and Neurodevelopmental Disorders.

Nicole L. Vu, PhD

**Education:** BS Psychology, Univ. of Texas at Austin (2011); MA Psychology, Southern Methodist Univ. (2014); PhD Psychology, Southern Methodist Univ. (2019); Clinical Psychology Doctoral Internship, UCSF (2019). **Future plans:** Postdoctoral fellow, UCSF Child Trauma Research Program.
Clifford Attkisson Clinical Services Research Training Program

Director: Linda Pfiffner, PhD
Associate Directors: Kaja LeWinn, ScD, and Rachel Loewy, PhD

The NIMH-funded Clifford Attkisson Clinical Services Research Training Program (CSRTTP) is focused on bridging the dissemination and implementation gap between science and service. For the past 35 years, CSRTTP has launched the careers of clinical services investigators from a variety of disciplines (including psychology, social work, epidemiology, sociology, medicine, health economics, and nursing) who plan to pursue careers in mental health services research.

Melissa R. Dvorsky, PhD


Johanna Folk, PhD


Lauren M. Friedman, PhD

Sasha Gorrell, PhD

**Education:** BA Psychology, Columbia Univ. (2010); MA General Psychology, New York Univ. (2013); MA Clinical Psychology, Univ. at Albany, SUNY (2015); PhD Clinical Psychology, Univ. at Albany, SUNY (2018). **Honors:** UCSF Berkelhammer Postdoc Travel Award (2018); UCSF Postdoc Slam Finalist (2019); Academy of Eating Disorders Student/Early Career Travel Fellow (2020). **Publication:** First author, "A Test of the DSM-5 Severity Specifier for Bulimia Nervosa in Adolescents: Can We Anticipate Clinical Treatment Outcome?," *International Journal of Eating Disorders* (2019). **Future plans:** T32 postdoctoral scholar, UCSF.

Joshua T. Jordan, PhD

**Education:** BA Psychology, UC Davis (2011); MA Clinical Psychology, Alliant International Univ. (2015); PhD Clinical Psychology, Alliant International Univ. (2018); Predoctoral Clinical Psychology Internship, UCSF (2018); Postdoctoral Clinical Psychology Fellowship (2019). **Honors:** UCSF Clinical Psychology Training Program Robert E. Harris Memorial Award for Excellence in Clinical and Research Activities (2019). **Publication:** First author, "Characteristics of Persons Who Die on Their First Suicide Attempt: Results From the National Violent Death Reporting System," *Psychological Medicine* (2019). **Future plans:** Assistant professor, Dominican Univ. of California (San Rafael, CA).
Consultation-Liaison Psychiatry Fellowship Program

Director: Kewchang Lee, MD

This one-year clinical training program is based primarily at the San Francisco VA Medical Center and gives fellows the opportunity to gain expertise in inpatient and outpatient consultation-liaison work, acquire advanced teaching and leadership skills, and develop clinical research interests in an academic setting. Fellows may also choose to develop a liaison focus in a specialty area of interest, such as infectious disease, oncology, movement disorders, addiction, geriatrics, or women's health.

Lindsay G. Lebin, MD

Forensic Psychiatry Fellowship Program
Director: Renée L. Binder, MD

The fellowship in psychiatry and the law is a one-year program offering advanced training in the field of forensic psychiatry, including the psychiatric evaluation of individuals involved with the legal system, the legal regulation of general psychiatric practice, and specialized psychiatric treatment of forensic populations. After fellows complete the program, they are eligible to take an examination for sub-specialty certification in forensic psychiatry.

Ariel Schonfeld, MD


Takeo Toyoshima, MD

Education: BS Biomedical Engineering, Yale Univ. (2008); MD, UCLA (2014); Adult Psychiatry Residency, UCSF (2018); Addiction Psychiatry Fellowship, UCSF (2019). Future plans: Staff psychiatrist, San Francisco VA Health Care System Addiction Recovery Treatment Services/General Psychiatry Outpatient Services, and private practice clinical and forensic psychiatrist.
Postdoctoral Traineeship in Substance Use Disorders Treatment and Services Research

Director: James L. Sorensen, PhD
Associate Director: Derek D. Satre, PhD

This postdoctoral training program prepares future research scientists for a career developing new insights into the treatment of substance use disorders and increasing the efficacy of treatment services delivery.

Alexis Cooke, PhD, MPH


J. Konadu Fokuo, PhD


Juliet Yonek, PhD, MPH

Psychology and Medicine Training Program

Director: Nancy E. Adler, PhD
Associate Directors: Elissa Epel, PhD, and Wendy Berry Mendes, PhD

Since 1983, the Psychology and Medicine Training Program has provided postdoctoral training in health psychology. The two-year program trains fellows to conduct translational research on the interactions among biology, behavioral, and experiential factors that exacerbate illness and mental health.

Amie M. Gordon, PhD

**Education:** BS Psychology, UCLA (2006); PhD Social-Personality Psychology, UC Berkeley (2013); Postdoctoral Fellowship, UC Berkeley Institute of Personality and Social Research (2015). **Honors:** Society of Experimental Social Psychology Fellow (2019); Association for Psychological Science Rising Star Award (2019). **Publication:** First author, "Bidirectional Links Between Sleep and Social Rejection," *Psychosomatic Medicine* (2019). **Future plans:** Assistant professor in social psychology, Univ. of Michigan.

Lauren Whitehurst, PhD

**Education:** BS Psychology, James Madison Univ. (2011); MA Psychological Sciences, James Madison Univ. (2013); PhD Cognitive Neuroscience, UC Riverside (2018). **Honors:** UCSF Chancellor's Postdoctoral Fellow (2018); American Psychosomatic Young Investigator Colloquium Scholar (2019); UCSF Psychiatry Trainee Research Award (2019); American Academy of Sleep Medicine Young Investigator Research Fellow (2020); Academy of Behavioral Medicine Research Early Stage Investigator Award (2020). **Research:** Principal investigator, "Autonomic Mechanisms of Sleep-Dependent Memory Consolidation," UCSF CTSI Pilot Award (2019). **Future plans:** Assistant professor, Univ. of Kentucky Dept. of Psychology.
Public Psychiatry Fellowship Program

Director: Christina Mangurian, MD, MAS

This one-year program based at Zuckerberg San Francisco General Hospital and Trauma Center is aimed at training the next generation of public mental health care leaders. These fellows are trained to provide excellent patient-centered care to vulnerable populations with severe mental illnesses through understanding and evidence-based psychosocial rehabilitation and psychopharmacological treatments, promoting recovery and developing rewarding public-academic partnerships to examine their work.

Clayton Barnes, MD, MPH


Tamara Bendahan, MD


Matthew L. Goldman, MD, MS

Samuel R. Murray, MD

San Francisco VA Health Care System
Advanced Postdoctoral Research Fellowship

Director: Brian Borsari, PhD

The primary goal of the VA Advanced Postdoctoral Research Fellowship program is to train postdoctoral fellows in state-of-the-art mental health neuroscience research and advanced clinical training in a particular area of emphasis. Fellows have two years of training, with a possibility of a third year.

EMPHASIS IN PTSD AND TRAUMA
Mentors: Shira Maguen, PhD, and Thomas Neylan, MD

Laura D. Straus, PhD

San Francisco VA Health Care System
Clinical Psychology Doctoral Internship Program

Director: Kellie Rollins, PsyD
Associate Director: Kaela Joseph, PhD

This one-year doctoral internship in clinical psychology at the San Francisco VA Health Care System is accredited by the American Psychological Association and is a generalist training program emphasizing neuropsychological assessment and evidence-based clinical interventions.

Catherine Baxley, PhD


Tanya Erazo, PhD, NYS-CASAC-T


Jessica P.Y. Hua, PhD

Jessica L. Mantia, PhD

**Education:** BA Psychology, Univ. of Kansas (2008); MA Counseling Psychology, Univ. of Denver (2012); PhD Counseling Psychology, Univ. of Denver (2020). **Future plans:** Clinical psychology postdoctoral fellow with emphasis in PTSD and substance use disorders treatment, UCSF/SFVAHCS.

Amy Harrison Sanchez, PhD

**Education:** BA Russian and Slavic Studies, New York Univ. (2002); MA Psychological Research, San Francisco State Univ. (2012); PhD Clinical Science, UC Berkeley, (2020). **Poster presentation:** "Targeting Family Environments in Schizophrenia: An Oxytocin Intervention Study," Society for Affective Science Annual Meeting (2020). **Future plans:** Clinical psychology postdoctoral fellow with emphasis in substance use, PTSD, and co-occurring disorders, UCSF/SFVAHCS.
San Francisco VA Health Care System
Clinical Psychology Postdoctoral Fellowship Program

Director: Samuel Wan, PhD
Assistant Directors: Stephanie Cardoos, PhD, and Elizabeth Shumaker, PhD, ABPP

This one-year postdoctoral fellowship in clinical psychology at the San Francisco VA Health Care System is accredited by the American Psychological Association and offers specialized training in the areas of evidence-based psychotherapy, HIV/HCV psychology, geropsychology, primary care psychology, PTSD and returning veterans, substance use disorders treatment, psychosocial rehabilitation, rural psychology, trauma, and women’s mental health.

Nicola K. Bernard, PhD


Cecilia Bess, PhD


Sarah M. DeLuca, PhD

Amber S. Hassan, PsyD


Jordana Hazam, PsyD


Charissa R. Hosseini, PhD


Emily Pereira, PsyD

Kathryn Phillipps, PsyD


William M. Skelton, PsyD, MS

**Education:** BS Psychology, Harding Univ. (2009); MS Clinical Psychology, Barry Univ. (2012); MA Clinical Psychology, La Salle Univ. (2015); Doctoral Health Service Psychology Internship, Sierra Nevada VA Healthcare System (2019); PsyD Clinical Psychology, Clinical Health Psychology concentration, La Salle Univ. (2019). **Publication:** First author, "The Role of Self-Compassion and Shame in Persons Living With HIV/AIDS," *AIDSCare* (2020). **Future plans:** TBD.

Baharak "Bobby" Tavasifard, PsyD

**Education:** BA Psychology and BA Human Development, UC San Diego (2013); MS Psychology, Univ. of La Verne (2015); PsyD Clinical Psychology, Univ. of La Verne (2019); Clinical Psychology Internship, Miami VAMC/Univ. of Miami (2019). **Honors:** McNair Scholar (2012); Univ. of La Verne Dean's Award for Outstanding Doctoral Dissertation (2019). **Presentation:** "Cultural Considerations in Clinical Care With Middle Eastern-Americans," SFVAHCS Substance Use Disorder Faculty Seminar (2020). **Future plans:** Staff psychologist, West Los Angeles VA Medical Center.

Michael P. Vallario, PsyD

**Education:** BA Psychology, Florida Atlantic Univ. (2014); MS Clinical Psychology, Nova Southeastern Univ. (2016); PsyD Clinical Psychology, Nova Southeastern Univ. (2019). **Achievement:** "The Lanyard Project" competency training on working with LGBTQ+ veterans, San Francisco VA Health Care System (2020). **Future plans:** TBD.
Maryke Van Zyl, PhD

**Education:** BA Humanities, Stellenbosch Univ. (2009); MA Psychology, Pepperdine Univ. (2014); PhD Clinical Psychology, Palo Alto Univ. (2019). **Future plans:** Clinical psychologist, VISN 21 Clinic Resource Hub, San Francisco VA Health Care System.

Lindsay Wakayama, PsyD


Lauren Elise Young, PsyD

**Education:** BS Psychology, Morehead State Univ. (2012); MS Clinical Psychology, Eastern Kentucky Univ. (2015); PsyD Clinical Psychology, Eastern Kentucky Univ. (2019); Predoctoral Clinical Psychology Internship, Southwest Behavioral and Health Services (2019). **Future plans:** PCMHI staff psychologist, VA Southern Oregon Rehabilitation Center and Clinics (White City, OR).
San Francisco VA Health Care System
Postdoctoral Clinical Neuropsychology Residency Training Program

Director: Johannes Rothlind, PhD

This two-year clinical training program offers trainees supervised experiential and didactic training opportunities at the SFVAHCS Neurology Rehabilitation Medicine TBI Program, SFVAHCS Neuropsychological Assessment Program, UCSF Epilepsy Center, and UCSF Memory and Aging Center.

Paul C. Mangal, PhD


Future plans: Neuropsychologist, Foresight Mental Health (San Francisco, CA).
Weill Institute for Neurosciences
Department of Psychiatry

Matthew W. State, MD, PhD
Chair

Lowell Tong, MD
Executive Vice Chair

Nancy Adler, PhD
Vice Chair

Jane Czech, MS, MBA
Associate Chair for Administration and Finance

Lisa Fortuna, MD, MPH, MDiv
Vice Chair for Zuckerberg San Francisco General Hospital and Trauma Center

Maga Jackson-Triche, MD, MSHS
Vice Chair for Adult Psychiatry

Bryan King, MD, MBA
Vice Chair for Child and Adolescent Psychiatry

Descartes Li, MD
Vice Chair for Education

Christina Mangurian, MD, MAS
Vice Chair for Diversity and Health Equity

Nicholas Roznovsky
Director of Communications

Michael Walker
Associate Chair for Operations

Daniel Becker, MD
Vice Chair for Strategy

Elissa Epel, PhD
Vice Chair for Adult Psychology

Stephen Hinshaw, PhD
Vice Chair for Child and Adolescent Psychology

Adri Jayaratne
Chief of Staff

Andrew Krystal, MD, MS
Vice Chair for Research

Alicia Lieberman, PhD
Vice Chair for Faculty Development

John McQuaid, PhD
Vice Chair for the San Francisco VA Health Care System

John Tran, MD
Vice Chair for UCSF Fresno

Kristine Yaffe, MD
Vice Chair for the Weill Institute

Today’s ceremony will be archived for later viewing at psychiatry.ucsf.edu/graduation.