Billy Donovan, Florida

Utilizing the Three Point Shot

Ways to get the 3:
- Transition—early on fast breaks
- Dribble Penetration—create closeouts
- Double the Post—Feed post and force defense to double and pass out to shoot
- Offensive Rebounding—defense is out of position on a rebound which leads to open player spotting up

Tips for getting good shots:
- Move the ball quick if you don’t have shot or feed. If wings are on the same side, trailing wing push front wing to other side.
- Utilize movement and screens on the secondary break vs. man or zone
- First three steps should beat the opponent down the floor.

Drills:
Transition: 35 seconds hit layups on five straight possessions/same for 3 point shots
- Outlet to Point, pass ahead to ball side wing
- Outlet to Point, skip pass to backside wing
- Outlet to Point, pass to post down the middle of the floor
- Outlet to Point, pass to trailer
- Outlet to Point, drive for layup

Other drills:
3 man weave with 3 point shot
- 3 lines, weave around full court and spot up for the 3

20 3’s in 2 minutes
- 3 lines, go down and back full court, middle line passes to one wing, the other wing rebounds