1) Teach square up, sweep and swing (high and low), hip to hip, ball protection
2) Square up, read numbers
3) Square up, read passing angle to post
4) Square up, read passing angle to post, relocate & spot up
5) Teach one handed passing…step thru / follow thru…use 2 line passing, then 3 man passing triangle
6) 2 man “Score, in, out” – pass w/ outside hand & v-cuts
7) Teach basket cuts – front & back cuts – read the defense
8) Teach circle movement from wing / corner
9) 3 on 0 basket cuts and circle movement (no dribbles)
10) 4 on 0 basket cuts and circle movement (no dribbles)
11) Circle movement…add backdoors (automatic when defense passes 3 pt line)
12) Intro Backscreens…automatic when you cut from corner, or fill wrong way
13) 4 on 0 basket cuts / circle movement / backdoors / backscreens (no dribble)
14) 5 on 0 basket cuts / circle movement / backdoors / backscreens (no dribble)
15) 4 on 4 basket cuts / circle movement / backdoors / backscreens (no dribble)
16) 5 on 5 basket cuts / circle movement / backdoors / backscreens (no dribble)
17) Teach 2 on 0 penetrate & kick
18) Teach 2 on 0 speed dribble & backdoor
19) Teach 2 on 0 euros (circle reverse)
20) Teach 2 on 0 power dribble & handoffs
21) 4 on 0 penetrate & kick – circle movement
22) 4 on 0 speed dribble & backdoor – circle movement
23) 4 on 0 euros – circle reverse movement
24) 4 on 0 power dribble & handoffs – circle movement
25) 4 on 0 use any dribble option
26) 5 on 0 use any dribble option
27) 4 on 4 “LIVE”
28) 5 on 5 “LIVE”
29) Teach Post Options…41 High…41 Away…41 Low…41 Stay
30) Teach Ballscreens…w/ defined screener (typically a 5 man)
31) Teach 41 and 32 vs. zones
32) Teach Player Roles
33) Offensive rebounding…4 to the glass.