Learn from the best in the industry! UC Davis Continuing and Professional Education offers the Sacramento region’s premier training in occupational health and safety. Through individual courses or our certificate program, learn new skills to create and maintain a safer work environment for you and your coworkers. We can’t wait to see you in class!

Having served as the environmental committee chair at a research institute in her native Philippines, Carmel Gacho was familiar with the kinds of complex health and safety issues that can occur in a research and development environment. But when she moved to the United States, her interest in workplace safety (and the need to find a new job) brought her to UC Davis Continuing and Professional Education, where she enrolled in the Workplace Health and Safety Manager Certificate Program.

What was the most valuable thing you got out of the program?
The program taught me how to develop a more robust health and safety program, and helped me stay updated with related federal (OSHA) and state (CalOSHA) laws, rules and regulations. Further, I learned a number of valuable and best industry practices that encourage a proactive style of health and safety management, programs that go beyond compliance and strategies to support the business’ bottom line.

What did you think of the program’s instructors?
The program has a great line-up of excellent instructors who are very approachable and knowledgeable in their field of expertise. A particular lesson that struck me was the downside of incentive programs that are tied to lagging indicators. These can be very appealing to employees at first, but has the unintended adverse consequence of discouraging them from reporting incidents.

Were there any professional benefits to taking our courses?
After being in the program for six months, I had a more in-depth understanding of health and safety concepts, laws and regulations. That gave me the confidence to apply for an environmental health and safety (EHS) specialist position, which I got! I’m now responsible for leading and managing the establishment of a more robust EHS program for my company.

Would you recommend this program to others?
I would highly recommend this program to everyone. It has excellent foundation courses, particularly for those who are new to the EHS profession. Overall, the program truly helped me appreciate the rewards and rigors of being an EHS supervisor, and it helped prepare me as I went on to earn professional EHS certifications.

If you’re interested in enrolling in the Workplace Health and Safety Manager Certificate Program, please visit: cpe.ucdavis.edu/health.

STUDENT SPOTLIGHT
CARMEL GACHO
HEALTH AND SAFETY
Expand your knowledge of current health and safety issues and regulations and learn to create and maintain a safer work environment.

Fall Protection in the Workplace
This class will consider a variety of methods for protecting from the risk of falls, and how to plan for accidental falls and rescue/retrieval. A review of equipment and hands-on practices will be covered, and participants will engage in scenario exercises.
Sept. 19-20 • $595

Health and Safety Management and Program Development
Explore the various approaches to health and safety management, including methods to obtain and maintain top management support; obtaining and maintaining employee/union support; determining the real cost of accidents; behavior modification practices; and much more.
Sept. 24-27 • $790

Ergonomics in the Workplace
Learn the fundamentals of ergonomics in industrial and office workplaces, including medical issues, regulatory strategies, engineering solutions and productivity improvements.
Oct. 16-17 • $595

Emergency Preparation and Management
Gain insight into how to be more proactive in emergency preparedness by developing strategies to help prevent and mitigate hazards, as well as for response and recovery efforts.
Nov. 19-20 • $595

Health and Safety for Workers: Laws and Regulations
Through lecture and a review of case studies, learn relevant laws and regulations pertaining to occupational health and safety, including Cal/OSHA and federal OSHA; supervisors’ and managers’ responsibilities; workers’ compensation jurisdiction, claims and benefits; and more.
Nov. 21-22 • $595

HAZARDOUS MATERIALS MANAGEMENT
Designed for professionals responsible for those involved with hazardous materials, these courses help you acquire the knowledge you need to communicate state and federal hazardous materials regulations to safety managers and hazardous waste workers.

Health and Safety Refresher for Hazardous Waste Workers - 8 Hours
This course provides hazardous waste site employees and supervisors with the annual refresher training in health and safety for hazardous waste workers.
Oct. 4 • $225

Health and Safety Refresher for Hazardous Waste Workers - 24 Hours
Learn about hazard awareness, waste regulations and exposure, medical monitoring, health and safety planning, laws and rights, personal protective equipment, decontamination, emergency response and site characterization and control as required by state and federal regulations.
Nov. 13-15 • $625

Free Online Information Session
Join us to hear about the courses and programs in our Occupational Health and Safety portfolio. Meet our instructors and staff and learn how our training can help your career goals.
Oct. 9
Sign up at: cpe.ucdavis.edu/free

Also of Interest:
Animal Rescue in Disaster Planning
Natural disasters are forcing owners of livestock to adapt how they plan and respond in these extreme events. Learn the theory and practice of crisis management as it pertains to large and small animals.
Oct. 4 • $360

Contact Us
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Facebook: facebook.com/UCDavisCPEOHS

cpe.ucdavis.edu/health
SACRAMENTO’S PARTNER IN BUILDING A SMARTER AND SAFER WORKFORCE

Fall Occupational Health and Safety courses now available

CPE.UCDAVIS.EDU/HEALTH