Kansas Basketball
“Fist”

We will run “Fist” as an entry or after the ball has been posted & kicked out. If the ball has been kicked out we will chase the pass with a ballscreen

**DRIBBLE ENTRY:**

- Guard dribbles to wing
- Post sprints out & sets ballscreen

- Guard uses ballscreen & attacks elbow
- Low post ducks in when guard reaches lane line with dribble
- Post who set ballscreens, downscreens & slips

- If guard can’t get to paint (hit duck in or throw back)
- He hits opposite guard & cuts to weakside corner

- On a single side the post will run out & set either a regular side ballscreen or a butt screen
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- If guard drives baseline, post pops to elbow
- Low post goes to front rim
- Drift to corner by guard
- Top guard relocated off lane line guard

- If guard drives middle, post pops to wing
- Low post duck in

**IF BALL IS POSTED:**
- Top guard cuts to weakside corner
- Bottom guard relocates up floor
- Opposite wing relocates off lane line

**PASSES TO SINGLE SIDE:**
- Post chases ball & can set either a butt or ballscreen
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PASSES & CHASES TO 2 SIDE:
- Ballside post ducks in
- Passer chases & sets side ballscreen
- Low block vacates & ducks in
  opposite on guard reaching lane line
- Ball screener downscreens & slips