MAYMESTER 2020

Porto, Portugal

International Perspectives on Design in Healthcare

Faculty Director: Dr. Mia Markey
Program Coordinator: Ellen Aoki
THE PROGRAM

Details to know
MAY 28- JULY 5, 2020

BME 320
Cross-lists with ME 329S, CHE 379

• IEE will work with academic departments and students to ensure course registration
• BME 320 meets a technical elective for BME in Technical Areas 1, 2, 3, and 4.
• ME Majors: Counts towards Career Gateway Elective (CGE)
• ChE Majors: Counts towards non-ChE elective for Area 4, Track B, and Area 6.
• Other majors: visit program page or consult your academic advisor for degree plan applicability
• Carries a GC flag

~$5000-5100 (TBD)
PROGRAM FEE
INCLUDES

• Program start date (arrive in Portugal): May 28
• Program end date (depart Portugal): July 5
• Flight purchase details and arrival/departure instructions will be provided
  o Do not purchase your flight until you receive this information from the program coordinator

• Accommodations for 5 weeks
• Local transportation pass stipend
• Welcome lunch & farewell dinner
• City tour & basic Portuguese lesson
• Three professional field trips
• 1-day excursion to Geres National Park
• 2-night trip to Lisboa
• 3 cultural activities
• 24/7 local emergency support
### Program Fee

- International airfare
- International health insurance
- International phone plan
- Passport/visa (where applicable)
- Most meals
- Course books/materials
- Personal expenses

### Housing

Students will be housed in modern studio apartments from May 31 to July 1. Apartments are shared by 2 UT students. Unit includes two twin beds, small kitchenette, table surface + chairs, and a private bathroom. Apartments are in the popular, centrally located Vitoria area of Porto, with easy access to shops, restaurants, tourist attractions and the Ribeira, as well as public transportation.

A 35 to 45 minute commute (walking to stop, taking metro, walking to class from stop) from housing to campus is typical.

### Activities & Excursions

- Orientation & city tour
- 1 basic Portuguese lesson
- 2 cultural activities
- 3 professional field trips
- 1-day excursions
  - Peneda-Gerês National Park
- 2-night trip to Lisboa

Details to later be provided on program itinerary.
MEALS

- Welcome and farewell meals (2)
- Breakfasts (2) and meal (3) stipend in Lisbon
- Day trip lunch (1)

TRANSPORTATION

Students arrange their own international flight after reviewing the booking instructions from the program coordinator. Airport pick-up/drop-off in Porto is not provided, but access by metro, rideshare is an easy process.

In Porto, most local, day-to-day travel is by walking and public transportation. A public transportation pass stipend is included in the program fee.

Day trip transportation is generally by private bus and Lisbon transportation is by train.

OVERSEAS INSURANCE PACKAGE

UT International Office will enroll you in overseas insurance, which includes international health insurance provided by ACE/Chubb, International SOS (ISOS) assistance coverage, and general liability coverage. The $19 per week fee, charged as "International Office" on What I Owe, is due at least 10 days prior to the program start date. Overseas insurance is required of all students, regardless of other insurance coverage or nationality. Coverage begins 2 weeks before the program start date and ends 2 weeks after program end date. (These extra 4 weeks are at no charge to the student).
There will be a Kick Off celebration for accepted students in November. There will be two pre-departure orientations in the spring. Once announced, students must plan accordingly and make appropriate arrangements to ensure attendance.

**PASSPORTS & VISAS**
(If you are traveling to other countries, check the corresponding requirements for those countries as well)

You must have a valid passport to travel abroad. U.S. citizens do not need to apply for a visa for the program. (Non-U.S. citizens may need a visa for entry into Portugal. Please visit the Portugal Consulate website for more info. Travel to DC for a visa may be required).

All passports must have the required minimum 6 months of validity after return date and minimum 2 blank pages for entry into Portugal.

[https://travel.state.gov/content/passports/en/country/Portugal.html](https://travel.state.gov/content/passports/en/country/Portugal.html)

**HEALTH CLEARANCE and VACCINATIONS/ MEDICATIONS**

A health clearance is required by March 1. A physical at UHS costs ~$70. An additional approval is required if seeing a specialist for a physical condition, mental health, etc. Discuss questions or concerns about any current prescriptions or medical treatment you are currently receiving and considerations for travel abroad with your physician. Ensure routine vaccinations are up-to-date and determined if additional vaccinations are required.


**PRE-DEPARTURE ORIENTATIONS**

There will be a Kick Off celebration for accepted students in November. There will be two pre-departure orientations in the spring. Once announced, students must plan accordingly and make appropriate arrangements to ensure attendance.
The University of Porto is a benchmark institution for Higher Education and Scientific Research in Portugal and one of the top 200 European Universities. U.Porto has the richest academic community in Portugal and brings together the country's highest ranked students, a highly qualified scientific and teaching staff, and a growing number of international students, teachers and researchers.

The Maymester’s teaching assistant and program assistant will be from the University of Porto.

Accepted students must complete forms and modules in MySAO by December 10th.

Requirements for passport, airfare, and health clearance due by March 1st. (Passport details and flight information must be added to MySAO by March 1st.)

Additional requirements if applicable will be communicated to students by the program coordinator.

Apps (such as What’s App) allow texting and phone calls abroad. While these can be used with wifi access, an international phone plan on your U.S. phone is a program requirement. A plan should include data, texts and the option to make a local or international call, so you have various options for communication in the event of an emergency or urgent situation.

Please contact your cell phone carrier/service provider, or visit their website for more information. Your plan should be active at a minimum for the duration of the program.
DISCLOSURE & ACCESS

Think about the environment you will be living and studying in, class schedule, etc. Are there academic accommodations you will need abroad? After you’re accepted into the program, talk to the faculty director in advance if you are unsure. Register with Services for Students with Disabilities (SSD) and request an accommodation letter for the Maymester course if needed.

After acceptance into the program, students are encouraged to disclose information that will enable program faculty & staff to better assist in pre-departure advising and on-site, and to make applicable arrangements or plans. Disclosure ranges from medications, food allergies, dietary restrictions; medical and mental health history, and anything else you would like faculty or staff to be aware of. An online disclosure form will be provided in the spring to accepted students.

Access forms can be used as a tool for students to help them assess what adjustments or assistance will be needed abroad for a physical disability, learning disability or ADHD, hearing disability, mental health, visual disability, chronic health condition, autism spectrum or other.

CONTACTS

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