Junior Playing the Past
VIRTUAL MEETING PLAN

Overview
This slide deck walks you through activities to complete all or most steps of a badge. It includes a variety of interactive activities that you can do as a troop— including video, group conversations, hands-on activities, and more. Review the full deck and notes section prior to your meeting for tips and suggestions. In addition, these first slides will outline the general meeting plan.

Depending on the length of your virtual meetings, you may choose to complete this badge over the course of 1-2 meetings. Connect with families ahead of time to let them know what materials they should have ready prior to logging in. Badges can be purchased by the troop or family in the online shop.

Materials Needed
Tissue paper (or plain white paper)
3-4 heavy books
5-10 flowers and/or leaves

Overview for troop leader
# Junior Playing the Past Virtual Meeting Overview

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<td>Icebreaker</td>
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<td>Choose one person to start, then “popcorn” style around the group until everyone has a turn.</td>
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<td>Choose a Character</td>
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<td>Create a Costume</td>
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<td>Experience Daily Life</td>
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<td>Watch the first 10 minutes of the movie to get a glimpse of what life was like for the March sisters</td>
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<td>Slides 17-18</td>
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<td>Watch a short video on how to press flowers and then take nice screen break to try it yourself</td>
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<td>Become Your Character</td>
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<td>Give your troop a prompt to work on as the final step of their badge</td>
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Overview for the troop leader
Junior Playing the Past Badge
Step 1: Decide Who You Are
Step 2: Create a Costume
Step 3: Experience Daily Life
Step 4: Have Some Old Fashioned Fun
Step 5: Become Your Character
**Girl Scout Promise**

*On my honor, I will try:*
- To serve God* and my country,
- To help people at all times,
- And to live by the Girl Scout Law.

*Members may substitute for the word God in accordance with their own spiritual beliefs.*

Open your meeting with the Girl Scout Promise and Law.
Open your meeting with the Girl Scout Promise and Law.

**Girl Scout Law**

I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.
Icebreaker!

If you could learn any new skill or hobby what would it be?

Icebreaker question: Choose one person to start, then “popcorn” to the next person to keep it going.
Today, we are going to learn about how girls of the past lived, worked, and played!

Step 1: Decide Who You Are
We are using clips from Little Women as a tool to learn about the 19th century (1800-1899). Ask your troop who has seen or read Little Women. For anyone who is unfamiliar with the story and/or to give a refresher to the group, briefly give an overview of Little Women:

The 2019 movie, Little Women, is adapted from the novel written by Louisa May Alcott. Alcott published the book in two volumes, in 1868 and 1869. The story follows the lives of the four March sisters—Meg, Jo, Beth, and Amy—and details their passage from childhood to womanhood. It is loosely based on Alcott’s own life. Since the book’s publication, there have been over 10 total film and television adaptations of the book. Including the 2019 highly acclaimed movie above and multiple stage versions including an opera, ballet, and Broadway Play.
Step 1: Decide Who You Are

One of the recent adaptions includes a modern retelling of Little Women with a twist released February 2019.

This modern retelling of Little Women is about four sisters from a blended family who experience the challenges and triumphs of life in New York City!
Which character from Little Women are you?

Step 1: Decide Who You Are

Some characteristic of each sister:
Meg: The oldest sister and is always helping manage the house and her siblings.
Jo: Independent and stubborn. Loves books!
Beth: Kind and plays music very well. Shy & quiet
Amy: An artist and youngest sibling. Strives for self expression.

Video link: https://www.youtube.com/watch?v=AST2-4db4ic
Step 2: Create a Costume

Every movie, tv show, play, etc. has a costume designer. Their role is to design every character’s outfit and/or costume to help create the world of the story.

Ask the group, Do you have a favorite movies or tv shows costumes?

For the movie 2019 movie Little Women, costume designer Jacqueline Durran, used inspiration from paintings in the 1860’s, the time period of the film. The next three slides shows examples of paintings and costumes that were inspired by it.
Step 2: Create a Costume

The character of Jo loves to be outside and doesn’t “fit” into the expectations that society has for women at the time. Jacqueline Durran was inspired by the paintings of Winslow Homer because they showed people enjoying the outdoors and playing in the countryside.
Step 2: Create a Costume

Winslow Homer also inspired Beth’s costumes. While Beth doesn’t have as many lavish adventures like her sisters, her style represents a connection to nature and the countryside.
Step 2: Create a Costume

For Amy, Jacqueline Durran was inspired by the paintings of French impressionist like the ones Amy travels to Paris to study like Claude Monet and Edouard Manet. Amy is one of the more stylish sisters and dresses in more lavish and feminine styles for the time period.
Step 2: Create a Costume

For Meg, Jacqueline Durran was inspired by artists who had a romantic and nature-themed style to their paintings like Sir John Everett Millais and Dante Gabriel Rossetti.
Step 3: Experience Daily Life

In this clip, you get a glimpse into the lives of the March sisters.

After you watch the clip, ask your troop: What part of Victorian life would you enjoy? What part would be challenging?

Video link: https://www.youtube.com/watch?v=3-K6driOWkw
Step 4: Have Some Old-Fashioned Fun!

In the 19th century with the rise in industry, the Victorian upper class had far more time at home to pick up leisurely crafts. Some of the crafts include, fern collecting, flower pressing, scrapbooking board games, and playing musical instruments.

Ask the group: In the time of social distancing, have you been participating in any of these Victorian style crafts?

The YouTube video gives a tutorial of how to press your own flowers and make art out of it! We’ll watch the tutorial and then practice pressing our own flowers.

Video link: https://www.youtube.com/watch?v=VYKY5QSDLys&feature=emb_title
Step 4: Some Old Fashioned Fun! Over the next 10 minutes, have each girl individually (and maybe with help from an adult at home) start pressing their own flowers.

Steps to press flowers:
1. Open a large book
2. Lay out a sheet of paper on one side of the book
3. Place the flower(s) you’d like to press on the paper in the book
4. Place the other sheet of paper on top of the flowers
5. Close the book and stack additional books on top to add additional weight
6. Let the flowers press for at least 1 week
7. After 1 week, check your flowers! If they are not fully dry, wait an additional week

Once your flowers are done, you can place them in a frame like the video we watched, make a card, or try other fun projects!
Step 5: Become Your Character

We are living in a very unique time period with some similarities to when Louisa May Alcott wrote Little Women. You all have incredible stories and experiences to tell! Take some time this next week as you wait for your flowers to press and write a journal entry (or more!) about your life. What would your version of Little Women be?
Congratulations! You’ve earned the Junior Playing the Past badge!

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Additional Links & Resources

- The Adaptations of Little Women
- Little Women Costume Design
- The Art of Victorian Photocollage
- People Have Gone Full 1800s
- How to Press Flowers

Additional Links and Resources:

The Adaptations of Little Women: https://www.pbs.org/wgbh/masterpiece/specialfeatures/little-women-adaptations/#
Little Women Costume Design: https://ew.com/movies/little-women-costumes/?slide=6588288#6588288
People Have Gone Full 1800s: https://www.nytimes.com/2020/04/30/style/victorian-era-crafts-coronavirus.html
How to Press Flowers: https://www.proflowers.com/blog/how-to-press-flowers