# CADETTE BABYSITTER BADGE – MEETING 2

**Badge Purpose:** When you’ve earned this badge, you’ll be prepared to babysit and will have tried out your skills on the job.

**Activity Plan Length:** 2 hours

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Materials Needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 minutes</td>
<td>Getting Started</td>
<td>• (Optional) Girl Scout Promise and Law poster</td>
</tr>
<tr>
<td></td>
<td>• Begin the meeting by reciting the Girl Scout Promise + Law.</td>
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<tr>
<td>60 minutes</td>
<td>Watch and Learn</td>
<td>□ (Optional) Child development chart(s) from previous meeting</td>
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<tr>
<td></td>
<td>• Observe a group of kids at play for an hour to learn more about their needs and behaviors.</td>
<td>□ Paper □ Writing utensils □ (Optional) Child development chart(s) from previous meeting</td>
</tr>
<tr>
<td>15 minutes</td>
<td>It’s in the Bag</td>
<td>□ Various age-appropriate toys and books</td>
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<td></td>
<td>• Put together a babysitting bag with all the supplies you’ll need for the job.</td>
<td>□ Art and/or craft materials □ First aid kit □ Snacks □ Babysitter checklist □ Tote bag or large plastic container</td>
</tr>
<tr>
<td>15 minutes</td>
<td>Babysitter in the House + Snack Chat</td>
<td>□ Healthy snack</td>
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<td></td>
<td>• Review your skills, expectations, and comfort levels before advertising your babysitting availability to potential families. Enjoy a healthy snack.</td>
<td>□ (Optional) Phone or computer with internet access</td>
</tr>
<tr>
<td>10 minutes</td>
<td>Wrapping Up</td>
<td>□ (Optional) Make New Friends lyrics poster</td>
</tr>
</tbody>
</table>

## Getting Started

**Time: 10 minutes**

**Materials Needed:** (Optional) Girl Scout Promise and Law poster

Welcome everyone to the meeting, recite the Girl Scout Promise and Law.
**Activity #1: Watch and Learn**  
**Time:** 60 minutes

**Badge Connection:** Step 1 – Get to know how kids develop and Step 3 – Focus on play  
**Materials Needed:** (Optional) Child development chart(s) from previous meeting; paper; writing utensils

1. Connect with a community center, place of worship, or parent-led play group in your area to see if you can observe their kids for an hour.  
2. Keep in mind what you learned in your personal research on child development. Jot down some notes and observations. How do the kids act? How they interact with other kids? When challenges arise, how do the kids handle the situation? How do they like being soothed and comforted? What kinds of activities do they like? What’s keeping them engaged?

**Activity #2: It’s in the Bag**  
**Time:** 15 minutes

**Badge Connection:** Step 3 – Focus on play and Step 5 – Practice your babysitting skills  
**Materials Needed:** Various age-appropriate toys and books; art and/or craft materials; first aid kit; snacks; babysitter checklist; tote bag or large plastic container  
**Prep Needed:**  
- Print out copies of the babysitter checklist.

1. Make a babysitting bag (use a tote bag or large plastic container) and fill it with the supplies you’ll need to be a successful babysitter. Some things you might want to include:  
   - A variety of age-appropriate toys and books (consider asking family members or friends to donate gently used toys and/or books that their kids have outgrown or are no longer interested in)  
   - Art and/or craft materials  
   - First aid kit  
   - Snacks (for yourself and/or kids—always check for allergies first and get the family’s okay to bring your own snacks)  
   - Babysitter checklist (use the template at the end of the activity plan, or create your own)

**Activity #3: Babysitter in the House!**  
**Time:** 15 minutes

**Badge Connection:** Step 4 – Find potential employers  
**Materials Needed:** Healthy snack; (optional) Phone or computer with internet connection

1. Training? Check! Supplies? Check! Now you just need to spread the word that you’re on the market for babysitting gigs, right? But wait! Before you let your family and neighbors know that you’re looking for a job, think about your own desires and capabilities.

2. While enjoying a healthy snack, discuss what types of babysitting jobs will work best for you:  
   - How many kids do you think you would be comfortable watching?  
   - What age range are you comfortable with?  
   - How much are you going to charge? By the hour or by the job? (Ask your friends who babysit what they charge, or use this calculator to find the going rate in your area: care.com/babysitting-rates)  
   - Will your rate increase if you’re watching more than one kid at a time?  
   - What is your schedule like? Will you be available in the afternoons, evenings, weekends?  
   - How will you get to your babysitting gig? Will you bike over, get a ride from a parent or guardian, or is the family you’re babysitting for responsible for giving you a ride back home?

3. Knowing this information beforehand will help you find families that match your skills, expectations, and comfort levels—a win-win for everyone.
4. Once you’ve answered all the questions, connect with your relatives and neighbors to let them know that you’re available for babysitting jobs.

**Wrapping Up**

Time: 10 minutes

Materials Needed: (Optional) Make New Friends song lyrics poster

Close the meeting by singing Make New Friends and doing a friendship circle.

**More to Explore**

- **Field Trip Ideas:**
  - Visit a children’s museum and see how the exhibits encourage healthy child development and creative exploration.

- **Speaker Ideas:**
  - Invite an older Girl Scout who’s earned their Babysitter badge to give tips and tricks on being a good babysitter.
  - Invite an early childhood educator or elementary school teacher to your meeting to talk about their experience working with children.
## Babysitter Checklist

### General Info
- Parents’ names:
- House address:
- Phone numbers:
- Where we’ll be: **Address:**
  **Phone number:**

When we’ll be home:

If you can’t reach us, call:

### Child(ren)’s Info

- **Name/Age:**
  **Allergies/medication:**

- **Name/Age:**
  **Allergies/medication:**

- **Name/Age:**
  **Allergies/medication:**

### Food & Drinks

#### Mealtime(s)

#### Snacks:

- No food or drink after:
- Help yourself to:

### Bedtime

- **Bath time:**
- **Bed time:**
- **Bed time routine:**
- **Nap time:**

### House Rules

- **TV/Computer/Phone rules:**

Other info: