STAR Program Outline

STAR (Students Taking Academic Responsibility) is a semester-long intensive mentoring program for first-time academic probation and reinstated University College students that was established to provide weekly structured support as students work to get back to good academic standing. The STAR Program mentors assist students with becoming more focused by working together to address challenges, improve strengths, and connect to the various resources on campus that can help them reach their academic and career goals. There is no financial cost to participate in STAR. However, it requires a commitment on the part of the student to attend scheduled weekly appointments with the mentors and to work hard to improve their academics. A combination of students and professional staff from across campus volunteer each semester to be mentors for the STAR Program. Training and resources are provided.

Ideally, meetings with a mentor will begin within the first few weeks of the semester. Excluding the first two weeks of school and finals week, a mentor and STAR participant should be able to meet for at least nine sessions. Below is a brief outline of the different topics that a mentor and STAR participant may discuss during their weekly meetings. Goal-setting is a primary focus, which serves to encompass a variety of skill-building activities, including time management, motivations, organization, and study skills.

**Session #1 – Getting to Know your Mentee/Mentor**
- Introductions/Getting to know each other
- Review important drop/add dates
- Go over Academic Goals: long term and weekly goals
- **Check in - have you had your first of two advising appointments? (if not, schedule one today! Go to: [acd.iupui.edu/schedule](http://acd.iupui.edu/schedule)**
- For your next meeting, bring in all course syllabi

**Session #2 – Steps for Success and Getting Organized**
- Go through each course syllabi and record important dates in planner or phone
- Organization discussion
- Goals to complete for next week

**Session #3 – Career & Degree Exploration**
- Discussion of classes and assignments
- Major/Career discussion: are you on the right path?
- Goals to complete for next week
- Schedule an appointment with an advisor to plan for next semester courses
- Complete Grade Check Form for next week

**Session #4 – Time Management**
- Time Management strategies
- Goals to complete for next week
- **Review Grade Check Form-remind of withdrawal deadline & policy**
- **Check in – have you had your second advising appointment? Once this is done, your hold will be updated so you can register for the upcoming semester.**

**Session #5 – Procrastination**
- Procrastination issues
- Goals to complete for next week
Session #6 – Study Skills
• Study strategies, including how to calculate your grade point average
• Goals to complete for next week

Session #7 – Learning Styles
• Learning styles
• Review of long term goals
• Goals to complete for next week

Session #8 – Stress Management
• Stress management strategies
• Goals to complete for next week

Session #9 – Semester Review and Preparing for Finals
• Discuss plans for studying for finals
• End of semester concerns, if any
• Fill out electronic evaluations–Qualtrics website

Session #10 – Final Wrap-Up
• Closing discussion–met or not met goals for the semester: why or why not?
• If needed, fill out evaluations from last week

If you have any questions regarding the STAR Program, please contact:

Chris Maroldo  
Director, Academic Success  
Academic and Career Development, IUPUI  
(317) 274-3968  
cmaroldo@iupui.edu

Megan Chaille  
Student Success Advisor & STAR Coordinator-Probation  
Academic and Career Development, IUPUI  
(317) 278-8630  
mechaill@iupui.edu

Andrea Jarquin  
Student Success Advisor & STAR Coordinator-Reinstatement  
Academic and Career Development, IUPUI  
(317) 278-0949  
ajarquin@iu.edu