CAMP EDITH MAYO

PREPARING FOR CAMP FOR TROOP LEADERS AND FOR COUNCIL-LED DAY CAMP FOR PARENT/GUARDIAN
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Welcome!
Thank you for choosing Camp Edith Mayo and Girl Scouts River Valleys! We have nearly one hundred years of experience in offering great camp experiences to girls, and we will do everything to make sure your camper has a great experience this year.

This guide is designed to give you essential information to prepare your girl for camp. Please visit Camp.GirlScoutsRV.org for more detailed information.

Contact the Camp Director
Camp Edith Mayo Director, Lauren Patrowsky
800-845-0787 x 1096
 camps@girlscoutsrv.org

Check-In for First Day of Camp
Reference your camp's description on our website to learn the precise check-in time. Please note that smoking and pets are not allowed on camp property.

Once you arrive at camp, you will be directed where to go—follow the check-in signs. You will be asked to do the following:

- Turn in forms listed at the end of this document.
- Let us know in writing who can pick up your camper.
- Help your camper complete general health check with the health staff to review health history and turn in any medications.
- Meet your camper’s counselor and other staff.

Check-In for Troop Camp
Reference your camp's description on our website to learn the precise check-in time. Please note that smoking and pets are not allowed on camp property.

Once you arrive at camp, you will be directed where to go. The leader or adult attending with the girls will:

- Verify who is attending the session.
- Review allergy or accommodation needs with health staff.
- Meet the staff.

Check-Out for Day Camp
Reference your camp's description on our website to learn the precise check-out time. Campers will be ready to go once you arrive, and pick-up should take a matter of minutes.

You will be asked to officially check your camper out by signing the check-out report. Parents/guardians or others designated to pick up a camper should bring photo ID.

Check-Out for Troop Camp
Reference your session's description to learn the precise check-out time. If other adults are coming to pick up the girls, we ask that the troop leader stay at camp until all their girls have been picked up.
Directions to Camp Edith Mayo

Camp Edith Mayo
4228 8th Street SW
Rochester, MN 55902

**From Minneapolis and Saint Paul**

1. Take Highway 52 South towards Rochester for about 1 hour and 10 minutes.
2. Take Exit 55B and turn right at the light onto 2nd Street SW.
3. Turn left on County Road 22 SW.
4. Take your first right on Berkshire Road SW and follow for 0.4 miles.
5. Turn left onto Burncroft Place SW.
6. Follow Burncroft Place SW up the hill until you see the “Entrance” sign on the left.
7. Follow the paved road up the hill until you see the Program Center and parking lot on the right-hand side.

**From Mankato**

1. Take Highway 14 East for 75 miles (about 1 hour and 15 minutes)
2. Take the exit for County Road 22 (West Circle Drive) and take a right at the stop light.
3. Take a right onto Berkshire Road SW.
4. Turn left onto Burncroft Place SW.
5. Follow Burncroft Place SW up the hill until you see the “Entrance” sign on the left.
6. Follow the paved road up the hill until you see the Program Center and parking lot on the right-hand side.
Camp Policies

Behavior
Attendees to all Girl Scouts River Valleys events are expected to follow the Girl Scout Promise and Law. Visit GirlScoutsRV.org/Mission-Promise-Law.

Girls and adults cannot bring or use weapons, alcoholic beverages, drugs (other than those prescribed by a physician), or tobacco products at any River Valleys event or onto any Girl Scouts River Valleys property.

If, for any reason, an attendee’s behavior is not within our expectations, she/he will be asked to leave. We will expect a parent/guardian to pick up a girl as soon as possible, and adults will need to provide their own transportation. This is at the expense of the parent/guardian or adult attendee. We will not refund session fees.

Animals
Pets are not allowed on any River Valleys property or camp. Exceptions are made for service animals.

Cancellations
Cancellations must be made 30 days prior to the session date to receive a refund—the deposit is non-refundable.

All sessions are subject to cancellation or rescheduling. If a session is canceled, and the camper is unable to attend an alternate session, all fees paid will be refunded, including the deposit. If a program or camp is canceled, you will be notified by email/phone.

All cancellations must be received in writing at the Saint Paul Service Center:
Fax: 651-227-7533
Email: girlscouts@girlscoutsrv.org
Mail: 400 South Robert St.
Saint Paul, MN 55107
Camp Edith Mayo has a store or “trading post,” and all campers will get to shop during their stay at camp. Items at the trading post may include camp T-shirts, stuffed animals, stationary, stamps, camp patches, and postcards. Prices range from $1.25 to $35.

Health and Safety

Special Needs, Medications, and Food
Troop leaders are responsible for their camper’s health forms and medications during their stay. Medications should be kept by the adult in a secure manner. Adults are responsible for giving the medication to the girls as needed.

If you or anyone in your group has specific health needs (e.g. injections, specialized equipment, dietary concerns beyond vegetarian), contact the camp director one month prior to your attendance. Learn more about camp food at gsrv.gs/CampMeals.

For day camp all health forms and medications (over the counter and prescription) will be turned into the health director.

If your camper has specific health needs (e.g. injections, specialized equipment, dietary concerns beyond vegetarian), contact the camp director one month prior to your camper’s attendance.

Pack medication containers in a plastic zip bag with the camper’s name printed in permanent ink on the bag. All medications and supplements must be in the ORIGINAL container with the camper’s name, doctor’s name, dosage, and any instructions clearly stated.

The health supervisor will keep medications, vitamins, ointments, etc., in the health center during day camp. We have a supply of commonly used over-the-counter medications, so it is not necessary to send those to camp. See the list of items on the second page of the Day Camp Health History Form.

Illnesses and Communicable Diseases
We ask that participants who have been exposed to a communicable disease or is ill plans not to attend camp. Anyone with a communicable disease will need to leave camp. We will make every effort to reschedule to a different session, but no refunds will be issued if a camper goes home due to illness.

Weather and Emergencies
A Girl Scout is always prepared, and that includes at camp. During training, staff will learn and practice emergency weather procedures and emergency action plans. Each opening day, campers also learn the information and may practice drills during their time at camp. If the weather is unusually hot or cold, activities are changed to keep campers safe.

Weather alert radios are monitored, and there are designated storm shelters for each camp. Please remember, during weather alerts, phone lines need to remain open to contact different parts of camp or emergency services; please do not call during severe weather.

Packing Lists
Work with your camper to ensure everything gets packed and she knows what she has. As you pack, label everything with your camper’s first and last name. Remember that camp is rustic—think dirt, dust, and humidity. Please pack old clothes and shoes, as they will get dirty. We do not have laundry facilities available for camper use. Please ensure you pack enough for your camper’s entire stay.
Lost and Found

Camp Edith Mayo and Girl Scouts River Valleys are not responsible for loss, theft or damage to personal belongings, money, or items left at camp. Lost and found items will be kept at camp for one month. Any items not claimed by that time will be donated. Please contact the camp director if you have forgotten something at camp.

What NOT to Pack

Do NOT bring:
- Weapons
- Pets
- Tobacco
- Alcohol
- Candy, food, or beverages
- Personal sports equipment (unless approved by the camp director)
- Electronic devices

Additional Notes on Electronic Devices
- Cell phones, iPods, tablets, and game devices will be confiscated if brought to camp, and will be kept in the camp office until departure day.
- eReaders, such as Nooks and Kindles, may be brought for reading, but they will be confiscated if seen being used for playing games or using the internet.

Medications and Health Forms

Each girl participant is to bring a completed Health History Form and Camp Medication Form, and each adult participant must bring a completed Health History Form. Troop leaders/adults will keep track of these during their stay at camp.

Participants are to pack medication containers in a plastic zip bag with the camper’s name printed in permanent ink on the bag. All medications, vitamins, and supplements must be in original containers with the doctor’s name, dosage, and any instructions clearly stated.

We ask that the troop leader/adult keep medications, vitamins, ointments, etc. in a secure container for their girls during their stay. Troop leaders/adults should note the Camp Medication Form that parents filled out with medication instructions and approval when collecting and dispensing medications to girls.

Camp has a supply of commonly used over-the-counter medications (see Camp Medication Form), so it is not necessary to send these to camp. Camp will need to see the Camp Medication Form signed by the parent/guardian in order to dispense these medications.
### Packing Lists for Day Camps

#### Clothing and Equipment
- [ ] Dress for the weather
- [ ] Sturdy walking shoes that are closed-toed
- [ ] Sweatshirt or warm tops
- [ ] Raincoat or poncho
- [ ] Backpack for carrying items around camp
- [ ] Water Bottle
- [ ] Insect repellent (non-aerosol)
- [ ] Lip balm or chapstick
- [ ] Sunscreen (SPF 15 or higher)
- [ ] Medications (see above)
- [ ] Bandana or hat
- [ ] Bagged Lunch

#### Optional Items
- [ ] Facial tissue
- [ ] Notebook/journal and pencil/pen
- [ ] Sunglasses
- [ ] Lotion
- [ ] Camera
- [ ] Camp store money
Camp Forms

Bring all forms with your girl to camp. Any forms sent ahead of time will be returned. Girls will not be able to stay at camp without required forms in hand.

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<th>Form Name</th>
<th>Required for Troop Camps</th>
<th>Required for Council-Led Day Camp</th>
<th>Additional Information</th>
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<tbody>
<tr>
<td>Health History Form (1 page form)</td>
<td>✓</td>
<td>✓</td>
<td></td>
</tr>
<tr>
<td>Camp Medication Form</td>
<td>✓</td>
<td>✓</td>
<td></td>
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<tr>
<td>Camp Care Package Order Form</td>
<td></td>
<td></td>
<td>Order gifts for your camper during her stay: camp.girlscoutsrv.org/contact-your-camper/</td>
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