## LEARNING OUTCOMES

First Year Seminar students who engage in a Values Card Sort will be able to:

- Prioritize what is most important to them personally related to the world of work
- Articulate how their values influence their corresponding education and career decisions

## ACTIVITY IN CLASS

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reflection Sheet</td>
<td>30min</td>
</tr>
<tr>
<td>Values Cards for each student</td>
<td>15min</td>
</tr>
</tbody>
</table>

## PREPARATION

- Values Cards for each student
- Reflection Sheet

## PRINCIPALS OF UNDERGRADUATE LEARNING

- Values and Ethics - make informed and principled choices and to foresee consequences of these choices

## DEBRIEF WITH CLASS

**Q Which values were new to you?**

a. Most students have not thought about all of the values on this list and how they fit into their future plans.

**Q Which values were easy to categorize as either most or very important vs not at all important?**

a. There may be some values that most students have on their lists but students will find after hearing from their classmates that everyone’s value structure is a little bit different.

## REFLECTION

1. List your values in ranked order

2. What implications do your most important values and least important values have on your future? What will you be giving up if you choose or discard certain values?

3. How will you use this list to help you make decisions?
Values are driving forces behind decisions. They inform priorities and explain what is important to people.

Explaining the Card Sort

Each student will receive a stack of cards describing different values. Students should sort the stack into 5 piles. (some piles may have more than the others):

1. Most Important to Me
2. Very Important to Me
3. Important to Me
4. Somewhat Important to Me
5. Not Important to Me

Any values not represented in the cards can also be noted. Finally, go through each pile and rank them in order. Combine the lists and create a master list of values ranked.

Students should use form to help organize values and record.

Points Students Should Consider

Values help people determine best fit with a major, within an industry, which organization is the best suited for them to work for and lifestyle decisions like where to live, and how time and resources will be spent.

This exercise is meant to help students consider their values and where they will be important as they make decisions for the rest of their career. Values sometimes change and there is always a cause and effect when choosing one value over another.