FOCUS

CREATE AN ACCOUNT AT GO.IUPUI.EDU/FOCUS

Access Code: Jaguars

MY USERNAME

MY PASSWORD

STEP ONE:

Complete the five assessments on the homepage and check them off below. Explore the occupations and majors in the results of each assessment.

Work Interest Assessment: Identify activities and tasks you enjoy doing. Your top three work interests are matched to relevant occupations and majors.

Values Assessment: Understand your work-related beliefs and ideas to match your values with potential majors and occupations.

Helpful Tip: Choosing income as a main value will drastically limit your results.

Personality Assessment: Explore your personality type to find occupations compatible with your preferences.

Leisure Assessment: Identify your leisure interests to connect with occupations and majors that relate to what you do in your free time.

Helpful Tip: Compare your leisure results with your work interest assessment. How do they compare to one another, why?

Skills Assessment: Defining your skills profile will allow you to explore careers and majors that will connect with your natural talents and abilities.

Helpful Tip: Only choose skills that you would want to utilize in a career for the most relevant results.

Time: Allow yourself 25-30 minutes to complete five assessments.

Revisit: Your results will save on your account.

Results are available anytime and anywhere.

Top Career Choices: Use the tools provided by FOCUS to combine assessment results to narrow your results.
STEP TWO: Begin researching careers based on your results. Investigate your combined results.

Select a combination of assessments and click “continue” to generate a customized series of occupations and majors that match several of your assessment results.

Number of careers with overlapping assessments.

5 Occupations appear in 4 of the Assessments you have Completed.

Click on each major and occupation for more information.

Icons indicate preference fit.

Occupation Overview

Click on occupation names to see an overview for that job. Read about their main duties, see what education is required, and even find the expected working conditions. For example:

Click “Show All” and read about job tasks, skills, work values, and more for each occupation.

Don’t forget to save! Save occupations and majors of interest to revisit later.
STEP THREE: REFLECT & PLAN

Careers & majors I am exploring:

Careers of Interest:  Potential Majors:
__________________________  __________________________
__________________________  __________________________
__________________________  __________________________
__________________________  __________________________
__________________________  __________________________

Summing it Up: What were keywords that stood out to you about your personality, beliefs, and interests?

Follow-Up: What are three questions or ideas you want to investigate now after completing FOCUS? Where will you find these answers?

1. ____________________________________________________________
2. ____________________________________________________________
3. ____________________________________________________________
Your Next Steps...

What are you going to do with the information you’ve gathered from FOCUS?

FOCUS is a helpful tool, however it cannot give you all the answers.

Career exploration is a very extensive process, and the journey has just begun! Circle which of the following steps you plan to take:

1. Discuss your results with a student success advisor or career consultant.
   A. Visit acd.iupui.edu to schedule an appointment.
   B. Call our office at (317) 274-4856 to schedule.

2. Continue exploring majors that match your interests, skills, and values. Check out the Major Career Connections sheet to learn more information.
   A. Visit acd.iupui.edu/mcc
   B. Use Major-Career Resource Guide #3 as you explore.

3. Start reviewing degree requirements for majors that you listed on page three.
   A. Visit acd.iupui.edu/degrees to learn more about the requirements you are interested in pursuing. Be sure to check math requirements!